

KOIVISTON POLSKA
(Finland)

A Finnish polska dance from South-Carelia.

Pronunciation: KOI-vis-ton POL-ska

Music: 3/4 meter.

Formation: Six cpls in closed circle with all facing ctr,
M have ptr on R.

Steps: (low)hop steps, foot-changing, heel-step

meas

Pattern

Figure I.

- 1-8 All circle L rapidly with 12 hop steps and repeat to the R.
9-12 Form three squares, cpl 1 with 2, 3 with 4, and 5 with 6. Do four heel-steps starting on the R ft.
13-14 Do six foot-changing steps.
15-16 Each square forms a closed circle and circles L with six hop steps.
17-24 Repeat action of meas 9-16, but circle R on the six hop steps and end in the beginning formation.

Figure II.

- 1-8 Repeat action of meas 1-8 (Figure I).
9-12 All W form an inner circle facing out, hands on hips, and do 12 foot-changing steps in place. At the same time, M circle L one time around with 12 hop steps and stop facing own ptr.
13-14 Cpls do two foot-changing steps starting on the R ft and waving their index finger twd their ptr, starting with the L index finger, free hand on hip.
15-16 All clap hands once and hand in hand with own ptr, go 1-1/2 times CW with six hop steps, stopping with the M in the inner and the W in the outer circle.
17-24 Repeat action of meas 9-16 (Figure II), but: W circle R, M foot-change in place with their arms crossed over their chests, and ending in the beginning formation instead of two circles.

Figure III.

- 1-8 The ring circles L one time, with 12 hop steps, then with 12 hop steps moves R one time as cpls, ending in two facing straight lines, W's hands on hips, M's arms crossed over their chests.
9-10 W turn 1/2 turn to the L with one hop. The M move up behind them, with six hop steps, and place their hands on their ptr's shldr's.

KOIVISTON POLSKA (continued)

- 11-12 Each M peeks over his ptr's L shldr and over her R shldr. On meas 11 and 12 the W looks away from her ptr.
- 13-16 M do six hop steps bkwd to their line. W turn back around to the R with one hop and both lines do six foot-changing steps in place.
- 17-24 Repeat action of meas 9-16 (Figure III), but on the peeking the W look at their ptrs, and instead of the lines separating again, the cpls circle L with six hop steps, then to R with six hop steps, hand in hand with ptr and ending in the beginning formation.

Figure IV.

- 1-24 Repeat action of Figure III, but the W and M reverse roles -- the W do the peeking.

Presented by Susanna Daley